

Preterm Birth Study Day Additional Resources

Resources for Professionals

Description	Link to webpage
RCOG Green Top Guideline 74 Antenatal Corticosteroids	Antenatal corticosteroids to reduce neonatal morbidity and mortality
RCOG Green Top Guideline 73 PPROM	Care of Women Presenting with Suspected Preterm Prelabour Rupture of Membranes from 24+0 Weeks of Gestation
BMJ PPROM Before 23 Weeks	Preterm prelabour rupture of membranes before 23 weeks' gestation
Thames Valley and Wessex ODN Perinatal Optimisation Guideline	TVW Perinatal Optimisation Guideline v1
BAPM Antenatal Optimisation Toolkit	Antenatal Optimisation Toolkit British Association of Perinatal Medicine
BAPM Optimal Cord Management Toolkit	Optimal Cord Management Toolkit British Association of Perinatal Medicine
BAPM Normothermia Toolkit	Normothermia Toolkit British Association of Perinatal Medicine
BAPM Early Maternal Breast Milk Toolkit	Maternal Breast Milk Toolkit British Association of Perinatal Medicine
BAPM Perinatal Optimisation Resources Including Posters and Clinical Passports	Perinatal Optimisation Pathway Resources British Association of Perinatal Medicine
BAPM Framework for Practice Perinatal Management of Extreme Preterm Birth Before 27 Weeks 2026	BAPM Extreme preterm framework Feb 2026
QUiPP Toolkit Evidence Summary	QUiPP Evidence document v02
Health Innovation Wessex Early Maternal Breast Milk Improvement Toolkit	Early Breast Milk Improvement Project Programme toolkits
SONeT Live Neonatal Cot and Maternity Bed Dashboard	www.sort.nhs.uk

Resources for Families

Description	Link to webpage
Healthier Together website preterm birth information for parents with optimisation information and video showcase	Preterm Birth Information for Parents Healthier Together
Healthier Together website neonatal unit and ongoing care information with feeding and early expressing information	Neonatal Units and Ongoing Care Healthier Together
South East Neonatal Network website with information and links to video tours for each neonatal unit	Unit Information - Neonatal Network South East
BAPM perinatal optimisation passport for families	Baby Passport
Translation of the BAPM perinatal optimisation passport into 25 languages	Perinatal Optimisation Passport Translations
RCOG cervical stitch patient information leaflet	Cervical-stitch
RCOG antenatal corticosteroids patient information leaflet	Corticosteroids in pregnancy
RCOG PPROM from 24 weeks to 37 weeks patient information leaflet	When your waters break prematurely
PPROM Before 24 weeks patient support leaflet created in conjunction with little heartbeats charity	PPROM before 24 weeks leaflet
PPROM under 23 weeks outcomes infographic for women and their families	Early PPROM before 23 weeks
Bliss website to support parents and families of premature or sick babies	For babies born premature or sick Bliss