



Local and National Polypharmacy events

National Health Innovation Network Polypharmacy masterclasses:

- Prescribing safely in older people (May 2024).
- Stopping antidepressants safely (June 2024).
- Supporting patients to get the most out of their structured medication review (July 2024).
- Meds and risk of falls (October 2024).
- Health inequalities (November 2024).
- End of life (November 2024).
- Parkinson's Disease (March 2025).
- Learning disabilities (March 2025).

Local Health Innovation Wessex Polypharmacy masterclasses:

- Managing Heart Failure in older, frail people (April 2023).
- Anticholinergic Burden (October 2023).
- NSAID (December 2023).
- Wessex Opioids (May 2024).
- Antidepressants in older people (June 2024).
- Antipsychotics in older people with dementia (July 2024).
- Urinary incontinence in older people (February 2025).
- Chronic Kidney Disease (March 2025).

Polypharmacy: 
getting the balance right

